



# THE College Mirror

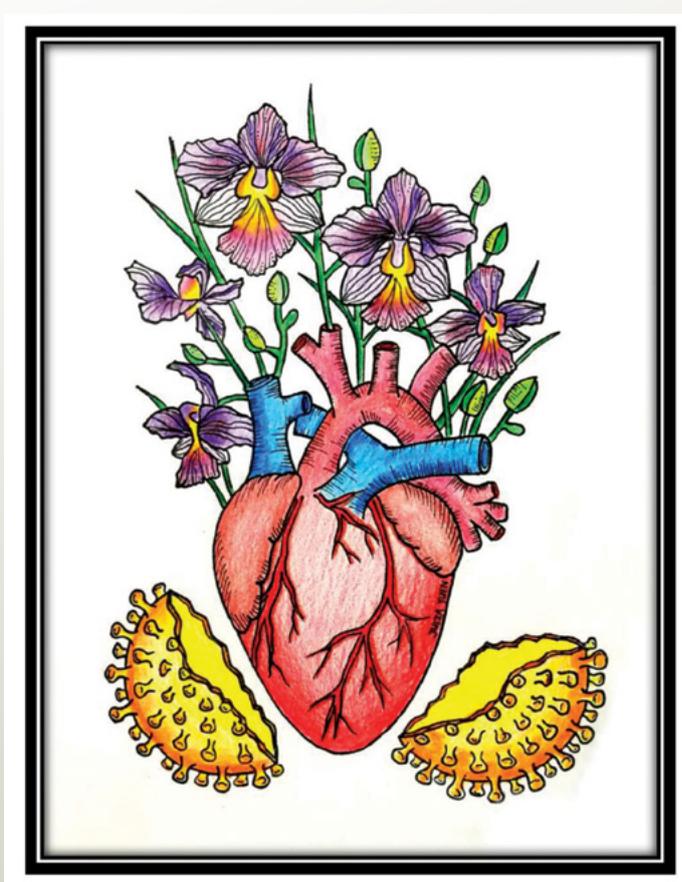
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## A Hobby and A Tribute

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**M**y first doodle happened 6 years ago and I've been doodling intermittently ever since. Especially during stressful periods, it was a means for me to take a time-out. The more intricate the doodles, the more therapeutic they were. My art is inspired by anatomy, patterns, things I observe around me and my love of flowers. It is typically in black and white and usually takes a few hours to complete.



The battle against the SARS-CoV-2 has been a long drawn one. Many have had their lives changed and many have made countless sacrifices in this fight. As a family physician working in the polyclinic, this is my first time being directly involved in a pandemic. There was anxiety and uncertainty, not just for myself, but for the potential risks I was putting my family at, concerns about the safety of my colleagues and most of all my patients, especially those elderly and vulnerable. Yet in the midst of all the chaos and uncertainty, there were many anecdotes of how Singaporeans, both medical and non-medical personnel, stepped up to help.

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COLLEGE OF  
FAMILY PHYSICIANS  
SINGAPORE

## CFPS 49<sup>TH</sup> Annual General Meeting (AGM)

25 July 2020 (Saturday)  
2.00 - 4.00pm  
via Zoom

*More details will be shared at a later date*

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I drew a tribute to all frontline warriors for their efforts in battling against the SARS-CoV-2. This is to all key personnel, from health care workers such as doctors, nurses, pharmacists, administrators, lab and radiological staff, policy makers, government workers delivering essential services, waste disposal workers, workers in public services, public safety workers such as the police and armed forces, transport workers including those involved in land/air/sea transport, workers involved in food production such as those working in supermarkets, F&B outlets and food delivery, social services, teachers... The list goes on. Thank you for your efforts and sacrifices to keep the people in Singapore safe.

This particular doodle shows a heart which represents love and courage. From the heart springs Singapore's National flower, the Miss Vanda Miss Joaquim. I chose to draw our National flower as she is a hybrid, a mix representing our multiracial society. She is also known for her resilience, blooming throughout the year. The flowers and buds symbolize people from various walks of life banding together for a common cause, the battle against the SARS-CoV-2. The SARS-CoV-2 lies broken at the base of the heart, depicting that it has been overcome and defeated by everyone's joint efforts.

Take heart. With everyone doing their part, we will prevail.